



2011-2012
Student/Parent Handbook

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Dear Sugar Bowl Academy Students and Families,

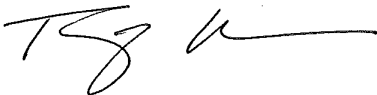
Sugar Bowl Academy is committed to providing outstanding opportunities for student-athletes to achieve their academic and athletic goals in a supportive community environment. In pursuing these goals, members of the SBA community are often asked to complete tasks that are more demanding than those found at traditional high schools. As a result, SBA students are challenged to develop their body and spirit, as well as their minds. To encourage the academic, personal, and athletic growth of Sugar Bowl Academy students, SBA sets clear expectations, allows opportunities for independence, and hosts a variety of community events throughout the academic year.

The SBA Student/Parent Handbook outlines the policies and regulations by which we live. In addition to the explicit guidelines, please pay careful attention to the values expressed in the handbook that guide our community. Each SBA student-athlete must be willing to accept the challenges presented and become an integral member of our community honoring our values of effort, respect, integrity, and compassion. Shortly after arrival to campus, each SBA student will be asked to sign the Student-Athlete Pledge. In doing so, each student-athlete agrees to live by and support the standards of the community.

Please read though the Student/Parent Handbook carefully prior to arrival at SBA. During registration and orientation, student-athletes and parents will be asked to sign a Handbook Acknowledgement and Receipt form indicating that you have received and read the Handbook, that you will support the Student-Athlete Pledge, and that you understand the Internet Acceptable Use Policy. Having both parents and students sign these agreements signifies a mutual support for the values of Sugar Bowl Academy.

Welcome to the 2011-2012 school year – I am excited for what it will bring!

Sincerely,

A handwritten signature in black ink, appearing to read 'Tracy Keller', with a long horizontal flourish extending to the right.

Tracy Keller
Head of School

Sugar Bowl Academy Mission Statement

Sugar Bowl Academy is a private, non-profit college preparatory school dedicated to the development of the mind, body and spirit of the world's snow sport athletes.

Sugar Bowl Academy Statement of Purpose

Sugar Bowl Academy was established for the purpose of providing competitive skiers the opportunities to maximize their athletic potential without compromising their academic standards. Sugar Bowl Academy seeks to empower each student with the skills necessary to enjoy an educated and enriched life. The program is designed around a flexible yet demanding college preparatory curriculum, a rigorous athletic training program, and the development of outstanding individuals.

Sugar Bowl Academy—A Program of the Sugar Bowl Ski Team Foundation

The Sugar Bowl Ski Team Foundation is a non-profit corporation that oversees both the Sugar Bowl Ski Team and Sugar Bowl Academy. The Foundation is governed by a Board of Directors whose primary functions are to set policy, ensure the financial viability of the organization, and oversee/hire the Executive Director. The Board of Directors is not involved in the day-to-day management of foundation programs.

The Executive Director supervises the work of the SBA's Head of School. He/she oversees all business functions of the ski team and the Academy, including managing communications, travel, human resources, budgeting, and accounting. He/she supervises all athletic staff and race department personnel. He/she manages race schedules, on-snow resources and other equipment aspects of the athletic program, sets ski team schedules and collaborates with Head of School on schedules. Please refer to the Ski Team Handbook for complete policies and regulations regarding the Sugar Bowl Ski Team.

Administrative Structure of the Academy

The Head of School oversees all academic and administrative staff for the Academy, sets school curriculum, manages school credentialing, admissions, scholarships, and disciplinary issues, sets annual calendars and addresses all academic, athletic and personal needs of Academy students.

Three deans assist the Head of School in the day-to-day operations of the school:

The Dean of Students oversees student affairs including the advisory program, attendance, student concerns, counseling, and athletic ineligibility. The Dean of Academics oversees standardized testing, grading, and grade reports. The Dean of Residential Life oversees and the residential life curriculum of the Academy including planning weekend activities, communicating with parents about travel plans, and coordinating dormitory staff.

SBSTF's Open Door Policy

The Sugar Bowl Ski Team Foundation has an open-door policy to answer questions and solve any problems that may arise - we always value your feedback. If you have addressed an issue with your teacher or coach and you don't feel satisfied, please see the Head of School or Head Coach. If there is still a problem after an appropriate amount of time, you should contact the Executive Director. If the Executive Director has not addressed the issue to your satisfaction, the Board of Directors may be contacted (in written form only) after the above avenues have been exhausted. The Board will then determine whether or not the Executive Director has adhered to Foundation Policy. See <http://sbstf-db.org/contact.htm> for contact information.

SBSTF Ends' Statement

Minds are developed.

Academy student-athletes are well prepared academically and emotionally to thrive in the college of their choice.

Athletes are passionate, life-long learners.

Athletes appreciate, respect and build knowledge of nature, especially the mountain environment.

Athletes apply skills, determination, and strengths learned from their sport to achieve academic success and help face life's challenges.

Athletes develop critical thinking, sound judgment, integrity, and the ability to adapt to a changing global society.

Bodies are developed.

Athletes work to achieve their full potential as individuals and as team members.

Athletes are challenged to push themselves physically to achieve higher levels of skill and fitness.

Athletes will compete at the highest levels in snow sports, including selection to US or foreign national teams and successful participation at the Olympics and other international competitions.

Spirits are developed.

Athletes have fun and find happiness in the pursuit of personal excellence.

Athletes accept responsibility for their performance and actions.

Athletes have the confidence as well as the moral and ethical strength to make a positive contribution to society.

Athletes respect themselves and others, including those of diverse backgrounds, cultures beliefs, and abilities.

Athletes have opportunity to develop their spirituality.

Athletes choose to live a life free from the harmful effects of drug and alcohol use and to act as leaders in promoting a lifestyle free of substance abuse.

A strong community is enhanced and sustained.

Families value and contribute to Sugar Bowl's tradition and community.

Individuals work together and demonstrate mutual respect and support for others.

Alumni are an integral part of the foundation.

Sugar Bowl Academy seeks to make its program available to all qualified students, regardless of financial background, and does not discriminate based on gender, race, national origin, or religion.

Expected Schoolwide Learning Results

Sugar Bowl Academy is a community that develops the mind, body and spirit of the world's snow sport athletes. Sugar Bowl Academy graduates are life-long learners who have developed:

SCHOLARLY MINDS, capable of:

- Applying a broad-based academic background to their ongoing pursuit of knowledge.
- Demonstrating the work ethic, academic responsibility, and study skills necessary to thrive in a challenging collegiate environment.
- Effective oral, written, and collaborative communication.
- Critical and innovative thinking to analyze and solve complex problems, drawing connections between seemingly disparate aspects of life, and applying knowledge and skills to new situations.

KINESTHETICALLY COMPETENT BODIES, capable of:

- Facing physical challenges with the confidence necessary to achieve progressive athletic goals throughout life.
- Demonstrating endurance, strength, agility, flexibility, coordination, balance, and spatial awareness.
- Optimizing their health and wellness through knowledge of their nutritional and developmental needs.
- Finding happiness through sport and pursuing athletics at the recreational or highest competitive levels throughout their lives.

INDEPENDENT SPIRITS, capable of:

- Applying responsibility, determination, self-discipline, sound judgment, sportsmanship, cooperation, integrity, and respect for themselves and others to face life's personal challenges and those of the greater community.
- Appreciating, embracing, respecting, and building knowledge of nature, especially within our mountain environment.
- Demonstrating confidence and self-motivation while striving to achieve attainable academic, athletic, and personal goals and gaining satisfaction in giving one's all.
- Engaging in honest self-assessment.

ACADEMICS

Sugar Bowl Academy is the only fully accredited college preparatory school for the competitive skier in California. It provides a rigorous academic experience for students who wish to pursue Alpine, Nordic and Free-skiing at the highest competitive levels. Therefore, SBA's daily and yearly academic schedules are designed around the unique needs of skiers.

NECESSARY SCHOOL SUPPLIES

Spanish dictionary

notebooks or three ring binders and dividers for up to six courses

lined loose-leaf paper

pencils and pens

colored pencils and markers

stapler

scissors

ruler, protractor, compass

graphing calculator (10th grade)

assignment planner

poster board

index cards

2011-2012 Student Handbook

Graduation Requirements

Sugar Bowl Academy expects students to exhibit the highest standards of academic performance. The minimum number of units required for graduation exceeds the minimum entrance requirements of the University of California system and fulfills the NCAA core curriculum requirements for freshman eligibility. The recommended units reflect what is expected by most selective colleges and universities.

In order to graduate from Sugar Bowl Academy, a student must have completed at least his/her entire senior year of high school at the Academy and must have a minimum of a 2.00 G.P.A. Only grades earned at SBA are included in the calculation of a student's G.P.A. All credits earned at other institutions are shown on the student's transcript. Students are expected to maintain a 2.00 for continued enrollment. Freshmen and sophomores are expected to take a course load of at least 18 units, juniors at least 15 units, and seniors and PG students at least 12 units in addition to an ongoing senior project. The number of courses required does not include P.E. Students enrolled at SBA in their freshman and sophomore years are normally expected to complete the Visual or Performing Arts requirement by the end of the sophomore year. In the table below, a year-long course earns three units of credit. Credit for graduation may be earned only in grades 9-12.

Subject	Minimum	Recommended
English	12 units (4 year-long courses)	
Math	9 units (3 year-long courses)	12 units
Science	9 units (3 year-long courses)	12 units
Social Studies	9 units (3 year-long courses)	12 units
Foreign Language	9 units (3 year-long courses)	12 units
Visual & Performing Arts	3 units (1 year-long course)	6 units
Health	1 unit for the Class of 2012 and younger	
Senior Project	3 units (1 full year)	
Physical Education	3 units for each year enrolled at SBA	
* Students must also complete 9 additional units in any department.		

Senior Project

As a prerequisite for graduation, all SBA seniors are required to complete a year-long senior project. The Senior Project program is designed to be the culminating experience of each student's academic experience at Sugar Bowl Academy. It is a meaningful opportunity for SBA seniors to pursue their personal and academic interests in and out of the classroom. The Senior Project is a unique personal journey in which each student gains an in-depth understanding of a particular subject area through research and real-life learning.

Graduation Distinctions

Sugar Bowl Academy students may graduate with Honors or a Concentration in a particular subject area according to the following terms:

Graduating with Honors

Students Must:

Complete the recommended course load for graduation

Maintain unweighted G.P.A.s of 3.80 or higher

Receive Honors on Senior Projects

Attend SBA for at least two full years

Graduating with a Concentration in Humanities

Students Must:

Complete 4 year-long courses in both the English & History Departments

Complete 5 additional units in the English & History Departments (at least 1 unit must be taken in each department)

Graduating with a Concentration in Math/Science/Technology

Students Must:

Complete 4 year-long courses in both the Math & Science Departments

Complete 5 additional units in the Math & Science Departments (at least 1 unit must be taken in each department)

** Technology units may be accrued via approved online courses or those taught at other institutions.

PAST SENIOR PROJECT TOPICS

Sports nutrition for alpine and Nordic athletes including the production of a nutrition bar

The role of the drug trade in Columbian politics

Sustainability for small businesses using SBA as an example

Why people seek gods and/or goddesses

Relief efforts designed to address the needs of children living in developing countries

How a country's form of government affects the stability of the country and the lives of its citizens

How musical therapy affects the quality of life for Alzheimer's and dementia patients

Nature vs. nurture in serial killers

The role of culture in defining a place

Grading

	Percentage	Grade	G.P.A. Equiv.
	98-100	A+	4.33
	93-97	A	4.00
UPPER SCHOOL COURSES OFFERED BY SBA	90-92	A-	3.67
	88-89	B+	3.33
<i>Ancient Literature</i>	83-87	B	3.00
<i>British Literature</i>	80-82	B-	2.67
<i>American Literature (Honors)</i>	78-79	C+	2.33
<i>AP English Language & Comp.</i>	73-77	C	2.00
<i>World Literature</i>	70-72	C-	1.67
<i>Journalism</i>	68-69	D+	1.33
	65-67	D	1.00
<i>Algebra I</i>	<65	F	0.00
<i>Algebra II</i>	Pass	P	N/A
<i>Geometry</i>			
<i>Pre-Calculus</i>			
<i>Statistics</i>			
<i>AP Calculus</i>			
<i>Biology</i>			
<i>Chemistry</i>			
<i>Physics</i>			
<i>Microbiology</i>			
<i>Astronomy</i>			
<i>Meteorology</i>			
<i>Health</i>			
<i>Modern European History</i>			
<i>United States History (Honors)</i>			
<i>World Geography</i>			
<i>AP Human Geography</i>			
<i>Middle Eastern Studies</i>			
<i>Looking for an Argument</i>			
<i>Foreign Film Critique</i>			
<i>Genocide Studies</i>			
<i>Spanish 1</i>			
<i>Spanish 2</i>			
<i>Spanish 3</i>			
<i>Spanish 4</i>			
<i>Advanced Conversational Spanish</i>			
<i>Art</i>			
<i>Digital Photography</i>			
<i>Yearbook</i>			

Sugar Bowl Academy does not publish students' class rank, although grade point averages are computed for the school's internal use. Students enrolled in AP level classes earn an additional grade point for those classes (a student in AP Calculus who earns a B, for example, would earn a 4.00 for this class). AP students are expected to take the appropriate AP exam in the spring; students who do not sit for the AP exam will not have their classes weighted when computing G.P.A.s. Physical Education is graded as pass/fail and is not used in G.P.A. computation. Regardless of teacher-determined differences in course structure, students must maintain a passing grade in class assessments in order to earn a passing grade for the course. A valedictorian is selected from each year's senior class. For a student to be eligible for selection as valedictorian, the student must have attended Sugar Bowl Academy for a minimum of two full years.

Courses Offered

Sugar Bowl Academy makes every effort to offer a full range of college preparatory middle and high school level classes each year. Because of our small size, course offerings may be affected by enrollment. In some instances, there may be an additional charge for a class when there are less than four students enrolled in that class.

Advanced Placement Courses

We encourage students to consider participation in Advanced Placement classes when they are offered and are appropriate. Participation in such classes shows a student's decision to be challenged by the most rigorous curriculum offered by the school. However, because of the skills necessary, admission to AP classes requires teacher permission, and, in some cases, a formal application. Students enrolled in AP classes should expect the academic load to be heavier and the grading to be more rigorous. In order to enroll in an AP level course, students must have maintained an average of 90% or higher in the department's previous course and receive the approval of the student's previous teacher.

Classes and Coursework Not Offered by SBA

Sugar Bowl Academy offers our students a broad selection of academic, elective, and Advanced Placement courses in keeping with the college preparatory experience. Students wishing to enroll in classes or coursework beyond the scope of SBA's catalogue shall have the following support: Sugar Bowl Academy will provide, to the best of its ability, classroom space, class scheduling, technology access, transcript assistance, and textbook ordering resources in order to facilitate learning opportunities in courses not offered at SBA. Additionally, for classes or coursework taken online, SBA will provide students with a faculty advisor to oversee the completion of work and to assist with questions or problems that arise. Sugar Bowl Academy will not provide financial support to cover the costs of registration, enrollment, textbooks, or other fees and materials associated with non-SBA classes.

Extra Help & Tutoring

All Sugar Bowl Academy teachers are available for extra help outside of the classroom and hold regularly scheduled office hours each week. It is expected that students will seek help from their teachers when necessary. A teacher may mandate meetings, however, when a student returns from travel, falls behind, or performs poorly on tests. Should additional help beyond the scope of regular teacher meetings be required for success, SBA can assist a student's family in finding outside tutoring.

Homework

Sugar Bowl Academy's schedule and college preparatory curriculum demand that students spend a significant amount of time outside of the classroom doing schoolwork. Students in 8th grade should expect to complete up to 45 minutes of homework per night in each class, while upperclassmen taking AP-level classes may receive up to 90 minutes of homework per night in each class. Time management is paramount, as homework demands may require work beyond regular study hall hours.

Online Access via Blackbaud & Edmodo

Teachers post assignments on the Internet via Blackbaud and Edmodo, SBA's online resources for accessing student homework. Students are expected to check teachers' websites on Edmodo on a daily basis. In order to use Blackbaud and Edmodo parents and students must have a valid e-mail address on file with the school.



"What do you expect? My edition of the math book doesn't have the answers in it like yours does."

Grade Reports

The school's academic year follows a trimester system. Grade reports will be issued twice per term: a progress report with written comments at the mid-way point and final term grades at the end of each trimester. Students' transcripts show only trimester grades. Students entering Sugar Bowl Academy for the winter term (November-April) will have their grades from their previous school averaged with their work at the Academy.

In an effort to address Sugar Bowl Academy's mission of developing each student's mind, body, and spirit, SBA conducts yearly "Whole-Child" evaluations which are distributed to families during Winter Parents' Weekend. Whole-Child evaluations are compiled by faculty advisors and incorporate input from teachers, coaches, and dorm staff. They are intended to give parents a thorough assessment of their child's progress at SBA, beyond simple grade reporting.

TO ORDER TEXTBOOKS:

1. Go to
<http://sbacademy.textbookx.com/>
2. Select the classes in which you are enrolled from the drop down menu
3. Follow directions to order your texts!

Questions About Textbooks:

Call Kelly Farrell at
530-426-1844

Call Akademos at
1-800-887-6459

Standardized Testing

Sophomores and juniors take the PSAT in October. Juniors take the SAT Reasoning Test in May, or June and again in October of their senior year if necessary. Students should consult with their advisor or the Director of College Counseling regarding the advisability of taking SAT II subject tests upon the completion of certain courses. Many colleges require such tests. Students in 7th through 10th grade take the Educational Records Bureau Test in May; their scores are available to parents during the summer. Additionally, students taking May AP exams receive their scores in July.

Drop Dates

Two weeks into each trimester is the last day for a student to drop a class without it appearing on his/her transcript. Dropping a course after these dates will result in no credit for the course. The student's transcript will list the date of withdrawal and the grade to date. Drop dates for each trimester appear on the annual calendar.

Textbooks

Sugar Bowl Academy students are responsible for purchasing their own textbooks. SBA recommends Akademos as students' main textbook supplier. Once students know which classes they are enrolled in, they can visit SBA's page on the Akademos website to see which textbooks are required for each class and complete an order. If a class is not listed on the web site, SBA will provide and bill the student for that class's books. If students choose to purchase books from anywhere other than the Akademos Marketplace, please check that the ISBN number matches that of the textbooks listed on the Akademos site. Boarding students may have textbooks shipped directly to the school.

ATHLETICS

The athletic program at SBA is a vital component to life within our community. Sport is used to help students develop self motivation, a strong work ethic, and the ability to push personal limits. Central to each student-athlete's athletic program is on-snow competition, fall and spring conditioning sessions, and an independent summer conditioning program. Through our athletic curriculum, all student-athletes will experience improvements in their skiing knowledge and ability, aerobic conditioning, strength, coordination, agility, and confidence.

Grade Policy for Athletic Participation

While the SBA athletic program is an integral component of life at the Academy, student-athletes must maintain grades of 70% or better in order to participate in athletic events. Parents wishing to limit their child's travel for a higher grade may do so by contacting the Head of School. If a student's grade drops below 70% in any class, the student may be restricted from ski-related travel until the grade improves. Teachers and coaches reserve the right to restrict athletes from training or travel due to incomplete work or substandard grades.

Ski Competition

All SBA student-athletes will participate in CNISSE, IFSA, USSA and/or FIS competitions. Each athlete will receive an individualized competitor management plan designed to evolve as his/her abilities improve. All alpine and freeride athletes must register with USSA for competition licenses by the October deadline. Additionally, all J1/2 alpine athletes must register with FIS by the June deadline or a late fee will be assessed. Nordic skiers must register with Far West Nordic and Auburn Ski Club.

Training Periods and Schedule

The Sugar Bowl Academy athletic program consists of four distinct periods. The fall is marked by intensive conditioning activities, winter is our competition season, spring is used as a rest and recovery period, and the summer is used for aerobic conditioning. The SBA coaching staff works in conjunction with our athletic trainer to determine appropriate strength and conditioning programs for each athlete.

If student-athletes are injured and are unable to participate in the regularly scheduled training, they are required to participate as they are capable. In many cases, student-athletes will need to visit local doctors or undergo a rehabilitation program.

Participation in all aspects of the athletic training program is required for Physical Education credit.

NECESSARY SPORTS EQUIPMENT

*waterproof ski jacket
ski pants (full side zip)
speed suit
skis and poles
ski boots
ski helmet
gloves or mittens
long underwear (tops & bottoms)
ski socks
snow boots
shin guards
goggles
tuning gear and wax
Road Carvers or rollerskis
hard shell bike helmet
mountain bike
water bottles or camel back for
biking (not nalgene)
sleeping bag and pad
tent (optional)
headlamp
overnight backpack and daypack
camp dishes
running shoes (not skate shoes)
heart-rate monitor*

Questions regarding equipment?

*Alpine Skiers call Nate Fisher
at 603-715-0554*

*Nordic Skiers call Jeff
Schloss at 530-582-5397*

*Freeride Skiers call Sean
Carey at 530-448-6828*

IMPORTANT WEB SITES

Far West Skiing
www.fwskiing.org

Far West Nordic
www.farwestnordic.org

FIS
www.fis-ski.org

USSA
www.ussa.org

IFSA
www.freeskiers.org

Auburn Ski Club
www.auburnskiclub.org

SUGAR BOWL SKI AREA
<http://www.sugarbowl.com>

MAMMOTH MOUNTAIN
<http://www.mammothmountain.com>

*BOREAL MOUNTAIN
RESORT*
<http://www.rideboreal.com>

ROYAL GORGE
<http://www.royalgorge.com/>

AUBURN SKI CLUB
www.auburnskiclub.org

Fall

The Sugar Bowl Academy athletic program begins during the second week of school with intensive conditioning. Students attend two to three early morning sessions per week and five afternoon sessions. Fall conditioning focuses on gaining strength through lifting, developing coordination, increasing agility, and improving anaerobic fitness levels. It is very important that athletes arriving in September have followed the summer conditioning routines provided and have reached an acceptable level of fitness. We start the fall season with the USSA fitness test which we retest at the end of the fall to track improvement. Participation in all conditioning activities is mandatory.

SBA student-athletes attend a mid-November on-snow training camp in Colorado to kick off the ski season. Students begin daily on-snow training upon return from Colorado.

Winter

The competition season begins in early December, as does training at local resorts. Student-athletes attend on-snow training sessions on Tuesday, Wednesday, and Thursday mornings, on Friday afternoons, and on Saturdays and Sundays when not competing. Student-athletes are expected to attend all training sessions. Additionally, they must arrive on time, with the right equipment, and prepared for the day's training conditions. Student-athletes who are unprepared or late for their scheduled training sessions may be asked to leave.

Competition schedules and recovery/maintenance programs are based on the coaching staff's insight and are discussed with student-athletes and parents in early December.

Spring

After seven months of intense training and competition, spring is a time for rest, rejuvenation, and a break from skiing. Student-athletes begin the conditioning cycle again, with six training sessions per week, plus the opportunity to play lacrosse, enjoy weekend student life trips, and explore other activities. Student-athletes complete the USSA fitness test during the last week of school to help establish an adequate summer training program.

Summer

Summer training programs are handed out during the last week of school after the spring fitness test. While lifting and aerobic/anaerobic training are still the main concerns, participation in other sports benefits the overall fitness and coordination of our student-athletes. SBA student-athletes are also encouraged to attend any or all of our on-snow summer camps.

Athletic Evaluations/ Parent-Athlete Meetings:

Communication between coaches, athletes, and parents is crucial to a successful competition season. We facilitate this communication triangle through the following means:

During Parents' Weekend, the coaching staff is available for a conditioning report and explanation of the winter competition plan.

Mid-season evaluation meetings are scheduled over SBA's Winter Parents' Weekend to discuss training, maintenance, and race performance.

End-of-season evaluations are held with each athlete's respective coach during May.

Additionally, all parents and athletes are encouraged to arrange phone calls or meetings throughout the season to discuss conditioning, work ethic, skill development, race schedules, and any other concerns.

Ski Equipment

SBA has great relationships with most major ski and boot companies that support junior ski racing and free ride programs. SBA coaches assist in equipment ordering for student-athletes based on athlete preference and on available equipment sponsor or lease programs. All athletes are encouraged to provide coaches with a list of equipment needs during the summer and fall.

SBA also works closely with the Start Haus, Paco's Bike and Ski, and Sierra Nordic, specialty ski shops in Truckee. These local retailers give athletes the same pro-form price as direct ordering and provides competitive prices on wax, ski tools, and other ski equipment.

Season Passes

Sugar Bowl Academy alpine student-athletes receive Sugar Bowl Resort season passes to be used on a daily basis. Additionally, alpine athletes are encouraged to purchase season passes to Boreal Mountain Resort and Mammoth Mountain depending upon their travel schedules. SBA Nordic athletes may be required to purchase tickets at appropriate Nordic resorts. Student-athletes may be required to pay additional fees when training locally or while traveling.

DONNER SUMMIT WEATHER

The weather on donner summit is often extreme. High winds, heavy snow, and cold temperatures make it vital that students are prepared to exercise and ski in all conditions.

Proper attire for snow, wind, and rain is a MUST!



Transport to Mountain

Sugar Bowl Academy student-athletes are transported to and from training by faculty members. Alpine skiers are dropped off in the West Bay parking lot at Sugar Bowl and then walk to the Village Hall. Boarding students may not drive to and from training or ride with day students. Furthermore, students are not permitted to drive to and from training and/or races without consent from SBA's administrative staff.

Locker Rooms

SBA is equipped with a ski storage locker room and tuning facilities. The locker room is to be used by SBA athletes only and cleaned after each use. Locker room privileges may be revoked at any time by the coaching or Academy staff if athletes mistreat or misuse the facility.

In addition to the use of the SBA ski room, the SBST Village Hall houses ski storage lockers, a wax room, and coaches' offices. Student-athletes are expected to utilize the Village Hall as their daily skiing locker room throughout the winter. Privileges for this facility may be revoked at any time.

Injury Protocol

The SBA coaching staff has medical releases on hand and uses the following protocol in the event of an on-snow injury:

- Contact the appropriate help, (i.e. ski patrol, local authorities)
- Contact business office so they can notify parents (or call parents directly if after hours)
- Stay with athlete (if possible) until arrival at medical facility

Following initial emergency care, SBA's Athletic Trainer will work with student-athletes throughout the recovery period. He/she facilitates follow up with doctors and/or physical therapists and oversees their transitions back to snow and competition.

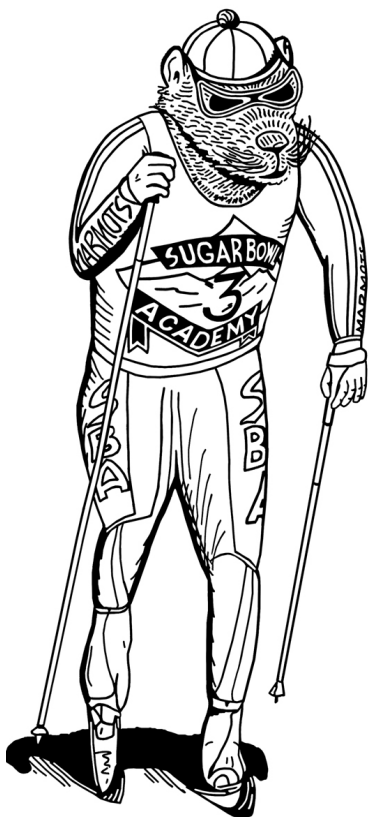
Appropriate Behavior

It is the goal of the Sugar Bowl Ski Team Foundation and Sugar Bowl Academy to foster the personal growth and favorable development of all who participate in our programs. By their enrollment, all participants and parents agree to abide by all Foundation/Academy rules and policies.

Travel Policies

Travel expenses are not covered by tuition or ski team fees. Travel expenses will be billed on a per trip basis and may include transportation, lodging, meals, coach expenses, lift tickets, training fees, and any other costs incurred by student-athletes while traveling.

For a full explanation of financial policies, please see pages 39 & 40.



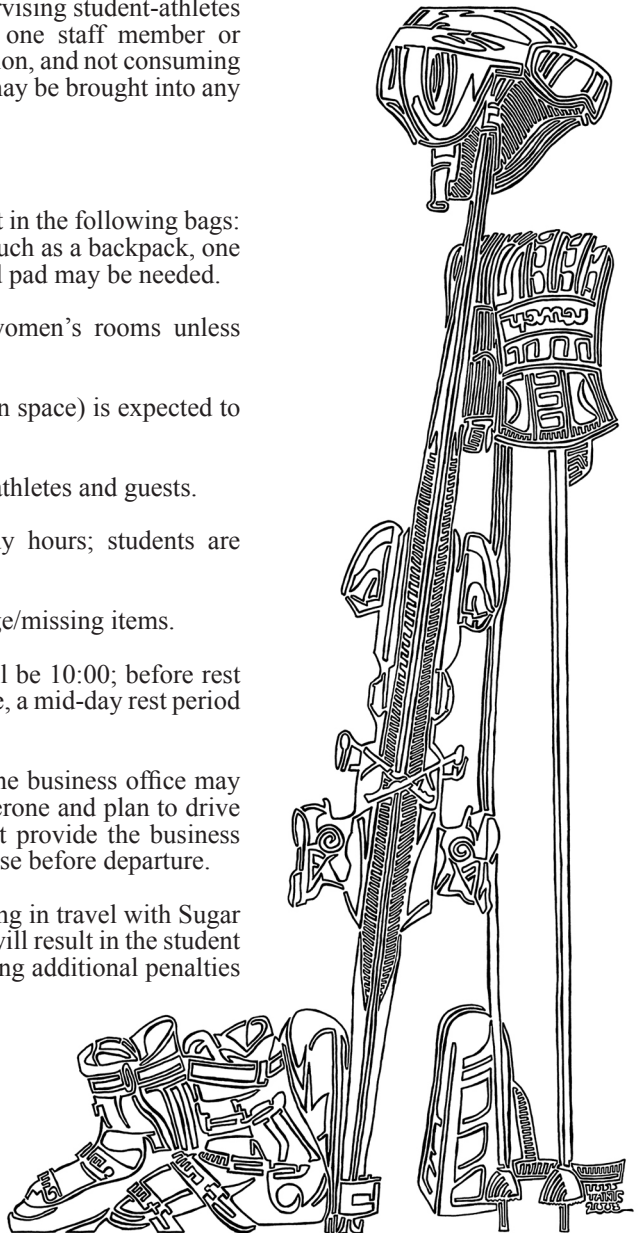
Supervision

During any supervised Foundation program, the supervising staff member will make all reasonable efforts to ensure the safety of the members involved. All teachers or coaches will always know (within reason) the location of each student-athlete in their group.

On overnight trips, staff is responsible for supervising student-athletes 24 hours per day (within reason). At least one staff member or chaperone shall be on site, in charge of supervision, and not consuming alcohol. No alcohol, tobacco, or illegal drugs may be brought into any accommodations used by student-athletes.

General Travel Rules

1. Travel lightly. Pack all clothes and equipment in the following bags: one large duffle bag, one carry-on or handbag such as a backpack, one ski bag. At times, a sleeping bag and/or ground pad may be needed.
2. No women in men's rooms, or men in women's rooms unless accompanied by a staff member.
3. Lodging (both individual rooms and common space) is expected to be clean and organized on a daily basis.
4. Participants must respect the rights of other athletes and guests.
5. Teachers and coaches will determine study hours; students are expected to be quiet during these hours.
6. Occupants will be responsible for any damage/missing items.
7. Before training and race days, lights out will be 10:00; before rest days, lights out will be 11:00pm. When possible, a mid-day rest period will be scheduled.
8. Only coaches and teachers registered with the business office may drive a team vehicle. If you are a parent chaperone and plan to drive student-athletes in a SBSTF vehicle, you must provide the business office with a copy of your current driver's license before departure.
9. All SBA/SBST rules apply while participating in travel with Sugar Bowl Academy and Ski Team staff. Violations will result in the student forfeiting the trip, being sent home, and incurring additional penalties from the Academy and/or the Ski Team.



CODE OF CONDUCT

Sugar Bowl Academy is a small community, founded upon trust and mutual respect. The involvement and contributions of each individual play an integral role in the day-to-day functioning of the school as a whole. As such, SBA trusts each student to recognize his or her responsibility for the welfare of the school and expects all students to live by the standards, expectations, and rules, written and implied, at all times. Each year, student-athletes sign the school's student-athlete pledge in the presence of the Executive Director, Head of School, Dean of Academics, Dean of Students, and Dean of Residential Life as a promise to uphold the highest standards of academic honesty, personal integrity, and respect. Furthermore, students and staff members are expected to report violations of the student-athlete pledge to the Head of School. Student-athletes are required to understand and follow all policies set forth by the student-athlete pledge and the Student/Parent Handbook.

Important Notes:

Policies may change at any time with notification from the Head of School.

Students are required to write a portion of the Student-Athlete Pledge on all academic assignments.

Students who violate the student-athlete pledge, must re-sign the pledge in the presence of community members.

Sugar Bowl Academy Student-Athlete Pledge:

As a student, an athlete, and a member of Sugar Bowl Academy, I acknowledge and embrace my role within our community and I make the following pledges to my teachers, my coaches, my fellow students, and myself:

I pledge that I will conduct myself honestly and with integrity, so that my word shall always merit trust.

I pledge that I will act always the utmost level of respect for myself and all others, and, by doing so, I will earn the respect bestowed upon me.

I pledge that I will accept high levels of responsibility as a member of this community and always give my best effort.

I pledge to strive for constant improvement of my mind as a student; my body as an athlete; and my spirit as a member of the Sugar Bowl Academy community and agree to avoid behaviors that may compromise my desires for self-improvement. By always striving to improve myself, I will help to make this community and myself stronger.

I pledge these things in the pursuit of becoming a leader and acknowledge that others will look up to me and emulate my example. By conducting myself in the best possible manner I will find my actions mirrored in the actions of others.

I acknowledge that being a part of the Sugar Bowl Academy community is a privilege, and as a member, I have an obligation to uphold the rules and restrictions put in place to maintain a successful community. I pledge that I will honor these commitments and obligations through my actions.

I acknowledge and accept that there will be difficulties and struggles in pursuit of my successes, and that times will come when I fall short of promises and expectations. I pledge to correct myself and fight all the harder to regain what I have lost or taken for granted.

I acknowledge that by signing this pledge and honoring this commitment, I will earn the respect and trust of the Sugar Bowl Academy community and that they, in turn, will provide me with the very best opportunities to succeed in academics, athletics, and in life.

Major School Rules

Any behavior that constitutes a serious breach of honesty, respect, and trust may be treated as a major rule violation. Central to SBA's disciplinary system is a consideration of individual circumstances and situations. Violations of these major school rules, or being in the presence of another person violating one, will normally result in the Discipline Committee being convened. The major school rules are:

- Student-Athlete Pledge violations.
- Academic dishonesty including cheating or plagiarism
- Use, possession, or distribution of any drugs, drug related paraphernalia, or alcoholic beverages.
- Sexual intimacy
- Use or possession of a weapon or firearm
- Direct disobedience to a staff member
- Physical and/or psychological harassment
- Vandalism
- Misuse of fire safety equipment or violation of fire codes
- Misuse of the school's computer network or violation of the Internet Acceptable Use Agreement
- Unauthorized use of a vehicle
- Unauthorized entry into rooms, offices, or computer networks
- Sexual harassment
- Leaving campus without permission or misrepresenting one's whereabouts
- Prejudicial behavior toward or against any person
- Endangerment
- Theft
- Being out of room, off floor, or out of building after hours
- Behavior unbecoming of a Sugar Bowl Academy student

Cheating and Plagiarism

As an educational institution, Sugar Bowl Academy takes the notion of honesty in academics and all elements of school seriously. In any academic setting, students must take personal responsibility for their own work. Presenting the work of others as one's own is unethical and subject to serious consequences at SBA and elsewhere. Through frequent affirmation during the school year, the Pledge is intended to ensure a clear understanding of what it means to do one's own work and to emphasize the importance of academic integrity. In the spirit of these ideals, students will sign the following pledge on all assignments submitted for grading, "I pledge my honor that I have neither given nor received unauthorized aid."

SBA considers any form of intellectual dishonesty a serious breach of community standards. Cheating and plagiarism are forms of theft—the theft of another's ideas or words. Every student is directly and individually responsible for the material submitted under his or her name.

Examples of academic dishonesty follow:

Cheating includes, but is not limited to:

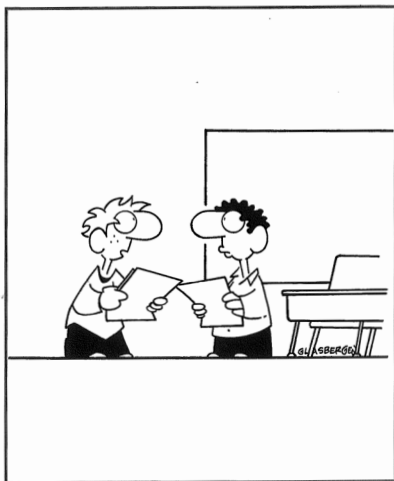
- Copying homework from another student
- Copying from a peer's quiz, test, lab, or paper
- Using cheat sheets, books, or unauthorized sources of information during tests, quizzes, or exams
- Illicit use of calculators, cell phones, or other mobile devices during tests, quizzes, or exams
- Getting or supplying information about a test or quiz
- Supplying work to another student
- Obtaining, without authorization, a quiz, test, or exam before taking said assessment
- Submitting the same material in more than one class without prior authorization from teachers
- Using an unapproved online translator

Plagiarism includes, but is not limited to:

- Submitting a paper or other work written in whole or in part by someone else (this may include but is not limited to a homework assignment, outline, paper, or lab)
- Using words, ideas, photos, or videos created by others (quotations, documented ideas, paraphrased passages, photos) without citing the source. This includes information downloaded from the Internet.

Sugar Bowl Academy considers students who supply material to others just as guilty of academic dishonesty as those who submit the work as their own. When completing homework, tests, projects, or other academic work, students should check with their teacher if they have any questions about what constitutes appropriate conduct, especially when engaging in group work. To avoid plagiarism, all sources of ideas, quotations, allusions, and references must be cited using the MLA format.

If a student is found to be dishonest in his or her academic work at Sugar Bowl Academy, the disciplinary consequences are serious. First offenses will normally result in a “0” for that assignment and may result in a meeting with the Dean of Students. The incident will be documented. In the event of a second offence, the disciplinary committee will usually be convened and the student will face consequences ranging from suspension to dismissal from the school. If uncertainty regarding the origin of student work exists, further investigation may be undertaken. This disciplinary action would be automatically reported to colleges, whether the student was an applicant or already admitted, to respect the integrity of the SBA’s recommendation obligation to colleges.



"My report is called 'The Perils of Plagiarism.'
I copied it off the Internet."

8th & 9th Graders and Academic Honesty

Our desire is to educate our students to cite sources and to recognize the complexities that may arise in properly doing so. With that goal in mind, and given the new academic landscape eighth and ninth graders encounter, those students who make plagiarism mistakes or procedural errors (i.e., not blatant or intentional plagiarism) will be asked to re-write the assignment and re-submit the piece to be graded by the teacher. The grade will be lowered by one full letter grade. In addition, the student will write a reflection on why what he or she did is considered plagiarism and meet with the Dean of Students.

Sugar Bowl Academy Drug and Alcohol Policy

Sugar Bowl Academy seeks to provide an environment that promotes healthy academic, athletic, and personal development. Therefore, SBA seeks to make the student body both conscious of and free from the adverse influence and effects of alcohol, illegal drugs, and illegally or improperly used legal substances (including tobacco). SBA's policy regarding the use and possession of drugs and alcohol is intended to protect the community from the effects of substance use and abuse and to promote trust, responsibility, and communication within the school community.

Sugar Bowl Academy student-athletes, regardless of age, are prohibited from being under the influence of, possessing, selling, distributing, using, or soliciting alcohol, illegal drugs, tobacco products, legal substances used inappropriately, or related paraphernalia:

- on campus at any time;
- at an Sugar Bowl Academy sponsored activity (including summer camps);
- on a trip, competition, or in a situation that reflects upon Sugar Bowl Academy;
- on or off campus during the school year including scheduled school vacations.

Students in the following situations may also face disciplinary consequences as violations of Sugar Bowl Academy's drug and alcohol policy:

- a student who is found in possession of, under the influence of, and/or using alcohol, tobacco products, or drugs or related paraphernalia off campus or outside of an SBA sponsored event;
- a student who has violated state or federal drug and alcohol statutes;
- a student who remains with other students or in an environment where the drug and alcohol policy is being violated.

Sugar Bowl Academy supports any student who recognizes his/her need for assistance. When a student seeks help through any member of the faculty, staff, or administration, the disclosure of a concern of substance misuse and/or abuse will not result in disciplinary measures. When seeking help, however, if a student is under the influence of or in possession of alcohol, illegal drugs, or legal substances used inappropriately, or in possession of related paraphernalia, disciplinary procedures described in this policy will apply. If a violation is confirmed before or after the student requests assistance, disciplinary action will result.

Suspected Possession/Use of Drugs or Alcohol

In our efforts to maintain a safe and healthy environment for all students, and in keeping with the expectations and standards set forth in our pledge, Sugar Bowl Academy reserves the right to search all personal property located on campus (including but not limited to dormitory rooms, vehicles, lockers, bags, etc.). Students should expect periodic random room searches throughout the year. Sugar Bowl Academy has test kits to detect uses of alcohol and drugs. These devices may be used at the discretion of the Head of School, Dean of Residential Life, or the faculty member in charge to confirm suspicions of alcohol or drug use. Refusal to submit to drug or alcohol screening will be considered an admission of guilt.

Immediate Response Measures

When a student is found under the influence of, possessing, selling, distributing, using, or soliciting alcohol, illegal drugs, tobacco products, legal substances used inappropriately, or related paraphernalia:

1. The unauthorized substance/paraphernalia will be confiscated.
2. Student car keys will be confiscated when applicable.
3. Student dormitory room or vehicle will be searched.
4. Emergency help will be called if necessary, at the expense of the student's family
5. Parents/guardians will be contacted immediately and may be asked to take the student home from school/activity.
6. The student will be liable for suspension or expulsion and will be scheduled for a meeting with the Disciplinary Committee.
7. The student will undergo a mandatory drug and alcohol assessment, done by a Sugar Bowl Academy approved specialist, scheduled to begin within two weeks of the infraction.

Possible Consequences

Each drug and alcohol policy violation is handled on an individual or group basis, depending on the particular circumstances involved. Possible consequences for both initial and subsequent offences may include:

- In-school suspension from classes;
- Suspension or removal from dormitory;
- Suspension from school;
- Referral to a Sugar Bowl Academy approved specialist;
- Continued drug and alcohol screenings;
- Suspension from athletic training and events;
- Dismissal.

Offences will be tracked over the length of a student's enrollment at Sugar Bowl Academy. In each case, the student will be expected to sign a contract with the school that details the consequences of the offense.

Parents/guardians who give permission for and/or allow alcohol and/or drugs to be served in their home to Sugar Bowl Academy students seriously jeopardize the continued enrollment of their children at Sugar Bowl Academy and risk legal repercussions.

Endangerment

Endangerment is defined as any action which recklessly endangers the lives and property of members of the community. Because health and well-being are valued by the SBA community, students are prohibited from placing themselves and others at risk by their actions or their possessions. The following are guidelines for concerning personal and community safety:

Fires: A student may not light a fire on the campus without specific permission. Lighting a flame in or on a residential building may be punishable by either suspension or dismissal, as is any evidence of fire violations in a student room, such as burned matches, cigarettes, incense, candles, etc.

Fireworks: Use and possession of fireworks are prohibited.

Weapons: Use or possession of ammunition, firearms, slingshots, knives, or anything designed for use as a weapon is not permitted since they might constitute a danger to someone else. Students should be aware that carrying a facsimile of a real gun is against state law, is considered intimidation, and, as such, is a major school rule violation.

General Safety: Students may not engage in dangerous pranks or other activities (such as throwing things from windows, climbing outside a building above the ground floor, or tampering with smoke detectors in a dormitory) that pose threats to personal safety.

Harassment

Sugar Bowl Academy has a tradition of dedication, performance, personal development, and proper personal behavior. It is therefore expected that every adult and student will treat every other staff member and student with respect, courtesy, and support. SBA will not tolerate physical violence, threats, taunts (including jokes), hazing, and verbal harassment of any kind. Harassment on the basis of gender, gender identity, race, national origin or ethnicity, ancestry, citizenship status, class, religion, sexual orientation, disability, medical condition, age, marital or registered domestic partner status, pregnancy, military service, or veteran status is not tolerated. Failure to meet this expectation is grounds for reprimand, suspension, or dismissal. Students who feel they are experiencing harassment or bullying in any form, whether from an adult or another student, should report the incident to his or her advisor, the Dean of Students or the Head of School.

Sexual and Other Harassment

Sexual harassment between peers includes unwelcome sexual advances, requests for sexual favors, and other verbal, visual, or physical conduct of a sexual nature. Sexually stereotyped insults, demeaning propositions, and sexist jokes are prohibited. A significant factor in sexual and other prohibited harassment among peers is that the behavior is repeated, uninvited, and unwanted.

Sugar Bowl Academy and state law explicitly prohibits sexual conduct, invited or otherwise, by adult faculty or staff with students: there are no circumstances in which sexual advances, requests for sexual favors, expressions of sexual or romantic interest, or other verbal, visual, or physical conduct of a sexual nature are allowable. This includes sexual behavior by an adult toward any student, even if he or she is 18 years old or older.

Sexual harassment may include but is not limited to:

- Unwanted verbal or physical sexual advances such as sexual gossip, personal comments of a sexual nature, sexually suggestive language, sexual jokes, comments or anecdotes, or offensive touching, pinching, or grabbing
- Verbal harassment or abuse based on gender, sexual orientation, or sexual behavior
- Remarks to a person with sexual or demeaning implications
- Unwelcomed pressure for sexual activity
- Repeated “accidental” brushes or touches
- Demanding sexual favors accompanied by implied or explicit threats
- Making or threatening reprisals after a negative response to sexual advances
- Offering educational or employment benefits in exchange for sexual favors
- Inappropriate personal questions of a sexual nature
- Sexual remarks about a person’s clothing, body, or sexual activity
- Suggestive remarks, verbal abuse, epithets, slurs, and jokes
- Public display of sexually explicit, offensive, or demeaning objects, posters, photographs, or cartoons
- Leering or ogling
- Offensive touching in any form

Any student who is made to feel uncomfortable with sexual remarks, an incident or repeated behavior by a student, faculty or staff member should immediately seek the assistance of an advisor, the Dean of Students, or Head of School. Potential responses include mediation and counseling, education, or the convening of the Discipline Committee to determine a disciplinary response from the school.

Sexual Intimacy

Sugar Bowl Academy, as a coeducational residential school cannot condone either sexual intercourse or inappropriate sexual intimacy between students. Inappropriate sexual intimacy would include, but may not be limited to, public behavior that offends or embarrasses others including prolonged embracing or kissing, other forms of personal affection, or nudity. Furthermore, sexual behavior including genital contact is not appropriate to the academic, athletic, or residential life of our school community. If, in the judgment of the Dean of Students, a breach of these community standards occurs, the Discipline Committee may be convened to determine a response.

Behavior Unbecoming of a Sugar Bowl Academy Student

Behavior unbecoming of a student is any behavior that individual faculty or staff members determine reflects poorly upon the Sugar Bowl Academy community. Such behavior may include direct disobedience to a staff member or general disrespect for school rules and community expectations. Behavior unbecoming of a student will not be tolerated.

Classroom Behavior and Cell Phone Use

All students are expected to conduct themselves appropriately in the classroom. Behavior that disrupts the learning environment will not be tolerated. While cell phones may be used in certain classes, students may not use them unless explicitly instructed to do so. Cell phones must be kept on silent mode during the academic day.

Dress Code

In the interest of promoting a positive learning environment, Sugar Bowl Academy students are required to dress in a manner befitting an academic setting. Inappropriate or excessively casual dress (slippers, pajamas, hats, etc.) is not acceptable from breakfast through the end of the academic day. Unusual hairstyles, unnatural hair dyes, and body and facial piercings can be disruptive to the athletic and academic environment. Should there be any question as to the appropriateness of the above, students must gain clearance from an administrator prior to arriving at school. Students who violate SBA's dress code will not be admitted to class, and their absence will be unexcused. All students are expected to act as positive role models and conduct themselves as ambassadors for the Academy.

Tardiness and Attendance

All students are expected to arrive on campus by the start of the academic day and attend all scheduled classes. Students who arrive to school after the start of the academic day must check in with the Administrative Assistant prior to attending class. Unexcused tardies may result in a loss of credit for missed activities or class participation. Tardies will be tallied by the administrative staff and excessive tardiness will lead to disciplinary action.

Inevitably, students will miss school due to illness and/or ski-related travel. In the event that students cannot attend school due to illness or injury, we ask that parents contact the school prior to the beginning of the academic day at 8:00am. Students who miss classes should contact their teachers to make up any missed work. Ski-related travel must be pre-approved by the SBA administration. Absences due to ski-related travel that has not been recommended by the coaching staff will be considered unexcused.

EXAMPLES OF EXCUSED ABSENCES

Ski related travel with an SBA coach

Ski related travel with a regional or national team that has been approved by an SBA coach

Illness

Injury

Pre-approved doctor's appointments

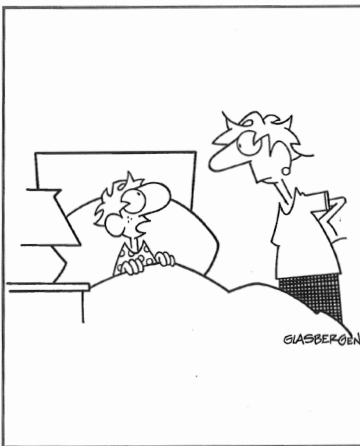
EXAMPLES OF UNEXCUSED ABSENCES

Non-recommended ski related travel

Family vacation

Being tired after a week long trip

DMV or haircut appointments



"I'm not going to school today. I think I caught a cold from an open window on my computer."

Students who do not follow the aforementioned protocol regarding tardiness and absences will be subject to disciplinary action.

Many of our students miss a number of days for athletic travel. Since absences are disruptive to the pace of the academic program, we ask that families of boarding and day students adhere to the SBA attendance policy. Our winter schedule and the overall academic success of our students depend upon student attendance.

Excused and Unexcused Absences

Excused absences include those due to illness, pre-approved travel for training or competition, and family emergencies. Unexcused absences may include those due to non-approved extracurricular activities or family vacations, skipping class, or early departures for school vacations.

A disciplinary hearing will be convened for students who exceed five non ski-related absences (whether excused or unexcused) per term. Possible outcomes may include restrictions on ski-related travel, reduction of academic credit awarded, and an inability to reenroll at Sugar Bowl Academy.

Students who travel without authorization from the Head of School and accrue unexcused absences will receive no credit for the work missed or to be turned in those days.

Please pay particular attention to scheduled breaks and vacations. It is essential to the continuity and integrity of the school program that parents and students respect the dates that mark the beginning and end of all vacations. All planned absences must be pre-approved by the Head of School in order for them to be considered excused.

Late Work Policy

Sugar Bowl Academy exists to facilitate the development of responsible, competitive student athletes. The schedules of competitive skiers often necessitate school absences. Because SBA will not compromise academic excellence, missed work must be completed in a timely manner. Full credit may only be earned for work submitted on-time. Work may be turned in after the due date for partial credit in accordance with the following timeline:

- homework assignments must be completed by 9:00pm the following day
- larger assignments such as papers or projects must be completed within five days

No credit will be given for assignments turned in outside of this timeline.

Students are expected to contact their teachers regarding their progress while traveling and check Blackbaud and/or Edmodo frequently for updated assignments. Students must make every possible effort to complete assignments while traveling. If students have concerns with their work load, they are expected to contact their teachers immediately and arrange for an alternate due date.

Student-athletes traveling for extended periods, may be asked to sign an alternate agreement related to completion of academic work.

Personal Conduct

Students are expected to carry themselves within the boundaries of appropriate displays of public affection while at school and at school functions. Prolonged embracing or kissing and other forms of personal affection are not acceptable on the SBA campus or at school sanctioned events. Additionally, profane language or vulgarity is not acceptable within our community.

DISCIPLINARY PROCEDURES

EXAMPLES OF MAJOR OFFENSES

Violations of the Student-Athlete Pledge

Violations of major school rules

Vandalism

Unauthorized use of a vehicle

Unauthorized entry into rooms, offices, or computer networks

Conduct unbecoming to a Sugar Bowl Academy student (including direct disobedience to a staff member)

Prejudicial behavior toward or against any person

Out of room or building after hours

Leaving campus without permission

EXAMPLES OF MINOR OFFENSES

Poor display of manners and general behavior

Avoidance of room and duty responsibilities

Missing class or training without prior notification

Disruptive behavior during classes or training

In the course of growing into young adults, students sometimes make mistakes in choices and judgment. Sugar Bowl Academy intends to guide students in making wise decisions that reflect well on them, their peers, and their school. In the event that a student or group of students errs, it is the duty of the school to respond in a manner consistent with our community values. In an effort to foster the positive growth of student-athletes and allow them to learn from their mistakes, we sometimes give second chances in conjunction with disciplinary measures. Consequences may include work detail, community service, suspension, probation, and dismissal. Failure to comply with our requests and/or continued violations of school rules will cause us to seriously question a student's desire to attend SBA. In any disciplinary case, the school considers both the reasons for a student's misconduct and the effect it has on the school community. Consideration is also given to a student's past record and the degree of honesty with which he/she has approached the situation. Although each disciplinary case presents its own unique facts and circumstances, the school will always try its best to act in a logical, reasonable, and consistent manner. The Executive Director and Head of School reserve the right to suspend or dismiss at any time a student whose behavior, attitude, or influence is considered unsatisfactory or detrimental.

SBA's Jurisdiction

Students are under the school's jurisdiction for the entirety of the academic year (including vacations). Jurisdiction also applies when students are participating in school-sponsored activities including ski camps or in activities sponsored by school-related organizations including Treble Cone Race Academy and USSA.

Minor Offenses

Based on SBA's philosophy of trust and mutual respect, individual staff members may identify and respond to inappropriate behavior in the dormitory, classroom, and the community at large as they see fit. While all minor offenses will be documented by the Dean of Students, not all may require an administrative response. However, staff members may, at any time, regardless of the situation, refer a student to the Dean of Students for a response to a minor offense. Disciplinary measures will normally entail work detail and/or loss of privileges. Continued minor offenses may be viewed collectively as major offenses.

Major Offenses

The responsibility for determining that a student has committed a major offense lies in the hands of the Head of School and/or Dean of Students. Once the administration determines that a major offense has occurred, the Discipline Committee or an appropriate sub-committee may be convened.

The Discipline Committee

The Discipline Committee is responsible for responding to major offenses and may meet during the academic year to discuss Student/Parent Handbook revisions or other matters of disciplinary policy. The Disciplinary Committee or an appropriate subcommittee may convene to consider violations of major school rules including the Pledge, repeated breaches of minor school rules, or any situation deemed serious enough by the Dean of Students and Head of School. The Committee, chaired by the Head of School, consists of four additional faculty members (the Dean of Students, the Dean of Studies, Dean of Residential Life, and a representative of the athletic staff). The Executive Director may also be present at the meeting. In specific instances, a student representative may also be asked to join the Disciplinary Committee. Parents are not invited to Disciplinary Committee meetings. In cases where the disciplinary infraction is specific to a particular policy, an appropriate subcommittee may be convened in lieu of the full Disciplinary Committee. Should students fail to appear at their scheduled Disciplinary Committee, they will be dismissed from Sugar Bowl Academy.

Standard Disciplinary Procedures

1. Appropriate faculty members inform the Head of School and Dean of Students of the details of the infraction. If the Head of School and Dean of Students decide to convene the Disciplinary Committee or an appropriate subcommittee, the Dean of Students meets with the student in question and, if appropriate, his/her advisor to determine the student's perspective and involvement in the incident.
2. The Disciplinary Committee is convened with the student in question not present. The Dean of Students summarizes the facts of the incident, the student's file is reviewed, and past school behavior is assessed. A student's complete disciplinary history is considered, regardless of probationary status at the time of the incident.
3. The student enters the Disciplinary Committee meeting and has the opportunity to respond to questions from Committee members and to make a statement. The student then leaves.
4. The student's advisor, and anyone else relevant to the incident, as determined by the Head of School or Dean of Students, may be called upon to offer information to the Committee.
5. Upon consensus of the Disciplinary Committee regarding appropriate consequences, the Head of School consults with the Executive Director who has ultimate responsibility to accept or modify the recommended consequence(s).
6. The Head of School informs the student(s) involved.
7. The Head of School and/or the student informs parents(s) of consequences both by phone and in writing.
8. The Head of School, Executive Director, and/or Dean of Students informs the community of the decision.

The school reserves the right to follow alternative disciplinary procedures. Such a decision shall be made at the discretion of the Executive Director, Head of School and Dean of Students, based upon the judgment in a particular case that the standard disciplinary procedure is not in the best interest of the student(s) involved or the school. Examples of times when the Committee might not convene (instances when the Head of School, in conjunction with the Executive Director, Dean of Students and other relevant parties, might simply make a decision without input from the Discipline Committee) include, but are not limited to, school vacations, exam periods, or at the end of each trimester.

Disciplinary Probation

A student placed on disciplinary probation for a major rule violation will most likely be separated from the school in the event of a second major rule violation or a series of other violations of equal significance to a major school rule violation. Re-enrollment contracts will be withheld for students on disciplinary probation pending a review by a faculty committee, typically at the end of the school year.

College Notification

In accordance with guidelines established by the National Association of College Admission Counselors, Sugar Bowl Academy will notify colleges to which a senior has applied of disciplinary action resulting in a change of status, e.g., suspension or dismissal from school. In addition, many colleges ask applicants and the school to describe any probationary status during secondary school. Students placed on probation for a major rule violation at any time, including during the senior year, are likely to be required to disclose this in the college application process. It is the student's responsibility to write colleges explaining his or her probation, and a copy of this letter should be given the Director of College Counseling. When asked on the secondary school report, or mid-year school report, the college counselors will respond with a straightforward statement concerning a disciplinary response from the School.

Typical Consequences For Various Infractions

Detention: Students who accumulate an excessive number of tardies, depart early, or skip class will be assigned to a one-hour proctored study hall.

Work Detail: Minor offences and/or behavioral infractions may result in additional chores assigned by staff.

Suspension: After a major offense, a student may be suspended from academic, athletic, and/or residential life participation for a length of time. When suspended, a student will not be permitted to participate in the daily life of the Academy, train with the Sugar Bowl Ski Team, nor attend races for the specified period. Instead, he or she may be required to do work detail during training or racing times, be isolated from the school community while on campus, or may be sent home. Students who are suspended are independently responsible for meeting all academic expectations. Families of suspended students will be financially responsible for travel associated with consequences including transportation to and from the airport.

Probation: After a major offense, a student may be subject to a probationary period during which any subsequent offenses may result in immediate dismissal.

Dismissal: Violations of certain SBA/SBST policies or repeated misconduct may result in a student-athlete's permanent removal from the Sugar Bowl Ski Team Foundation Programs. Dismissed students' Sugar Bowl season passes will be revoked.

Important Note on Discipline

Students who have not demonstrated personal, academic, and or athletic growth while in attendance at Sugar Bowl Academy may be dismissed without specific disciplinary infractions.

Foundation members traveling in- or out-of-division with Far West, Regional, or National Teams are subject to the rules governing those teams. However, should disciplinary action arise as a result of their conduct while under the supervision of those teams, their continued membership in Foundation Programs may be affected.

In the event of dismissal or suspension, no tuition or camp fees shall be refunded.

Members who are both Sugar Bowl Academy students and Ski Team members may face consequences coordinated by administrators from both programs. Dismissal or suspension from the Ski Team automatically calls for the same consequences (as applicable) at the Academy and vice versa.

STUDENT LIFE

There is more to life at Sugar Bowl Academy than classes and athletic training. In order to foster the growth of independent, responsible young adults, SBA offers community building programs and requires student-athletes to adhere to certain obligations and protocols.

RECOMMENDED COMPUTER SPECIFICATIONS

Hardware:

240G laptop

(no less than 120G on existing computers; 1/4 of hard-drive must be free)

working CD/DVD drive

wifi capabilities

ethernet port

USB port

2G RAM

(no less than 1G on existing computers, no less than 2G for photography students)

webcamera

speakers

broadband Internet card

(for students who travel extensively)

Software:

Microsoft Office 2010

Adobe Acrobat Reader

Quicktime Pro

(for alpine video analysis)

Adobe Lightroom

(for photography students)

Questions about Computers?

Contact Andy Giordano at
agiordano@sbadacademy.org

Orientation

Sugar Bowl Academy values its setting in the heart of the Sierra Nevada mountain range. Therefore, each academic year begins with an overnight orientation program that provides the SBA community an opportunity to develop natural, personal relationships with one another. In addition to the annual orientation trip, students are required to attend several on-campus sessions designed to familiarize themselves with SBA policies and procedures. Due to regular revisions of Academy policies, both new and returning students are required to attend the orientation activities. An integral component of the orientation program is a Student-Athlete Pledge signing ceremony held at our first formal dinner.

We encourage winter term students to attend our fall orientation program, yet we realize that many students cannot schedule a multi-day trip up to SBA in early September. As a result, we have a separate orientation program for our winter-term students.

Upon arrival to Sugar Bowl Academy, winter-term students are introduced to the community through the SBA Advisor-Advisee Program. Advisory groups play a fundamental role in winter-term orientation through review of SBA policies and procedures and integration into the greater SBA community. Additionally, the January formal dinner is designed as a Student-Athlete Pledge signing ceremony for new students.

Advisor-Advisee Program

Students are assigned one or two faculty advisors at the beginning of each academic year with whom they will spend an extensive amount of time throughout the academic year. The advisory program is designed to provide opportunities for teachers and students to interact in non-academic settings. Inevitably, advisors develop a sense of the different aspects of students' lives and are able to provide information about their advisees' academic and personal progress. Parents will receive periodic reports from their child's advisor and should contact him or her with questions or concerns.

Weekend Activities

SBA holds several weekend activities during the fall and spring trimesters in which we encourage all students, both day and boarding, to participate. While we realize that it is important for boarding students to spend time with their families on the weekends, we encourage them to stay on campus several times throughout the year to participate in such activities. In many cases, students incur costs associated with weekend activities which are collected prior to departure or billed out to students after the fact.

Formal Dinners

Formal dinners are a way for students, teachers, and other individuals affiliated with Sugar Bowl Academy to interact in a non-traditional setting. On these nights, the dining room is transformed into a fine dining establishment. Dinner is typically followed by a faculty or guest-led presentation.

Formal attire is required for formal dinners. Boys must be dressed in slacks, collared shirts, and dress shoes. Girls should wear dresses or skirts of appropriate length, slacks, and dress shoes. Flip flops, sneakers, or skate shoes are not acceptable. Boarding students should bring appropriate clothing upon arrival to SBA at the start of the school year. If students do not have appropriate clothing, it will be provided for them and billed to their families.

Student Government

Sugar Bowl Academy values input from all students and staff to create opportunities for growth. Therefore, students who are interested in leadership are encouraged to join the SBA Student Council. In the past, the Student Council has sponsored talent shows, spirit weeks, holiday festivals, ping-pong tournaments, and an annual gift to the graduating seniors.

Senior Leadership

Sugar Bowl Academy is committed to graduating students with the ability to succeed in all aspects of life. A central component to post-graduate success is leadership and independence. Therefore, members of the SBA senior class are encouraged to take on leadership roles within the SBA community. Setting good examples to underclassmen and acting as mentors are common ways in which seniors fulfill this role. Additionally, SBA seniors are required to complete a community-based Senior Project.

Community Service

Sugar Bowl Academy believes in the importance of contributing to the local community. To this end, several community service opportunities will be provided throughout the school year. Sugar Bowl Academy has adopted and agreed to maintain the Judah Loop Trail twice per year. Because of the busy schedule during the academic year, students are encouraged to participate in Judah Loop trail maintenance days as well as develop their own community service projects over the summer. Continued participation in Sugar Bowl Academy's community service program is a requirement for graduation.

Clubs

Although the primary activity of Sugar Bowl Academy students is competitive skiing, we encourage students to pursue other interests. This can be done through academic elective offerings such as Astronomy, Fine Art, Photography, participation in Truckee recreation sports including Lacrosse, or through the development of special clubs. Current clubs include the Model United Nations. The Truckee Donner Recreation and Park District provides numerous opportunities for SBA students to pursue their other interests or hobbies.

PARENT VOLUNTEERISM

All families with children participating in SBSTF programs (including SBA), are expected to fulfill a minimum of 22 volunteer hours with our foundation. Nordic families may accrue up to half of these hours in conjunction with Far West Nordic.

Opportunities Include:

SBA Volunteer Day

Help with the SBST Village Ball and Silver Belt Event

Clean up around campus

Help with races and competition at Sugar Bowl

Dormitory coverage when requested

TRAVEL AND TRANSPORTATION TO AND FROM SBA

All efforts will be made to pick up and drop off students to and from Reno International Airport on scheduled breaks and for ski related travel.

Ground Transportation from Reno International Airport:

*Truckee Tahoe Transportation
(530) 582-5828*

*North Lake Tahoe Express
(866) 216-5222*

Parents' Weekends

Parental involvement is critical in the development of a student-athlete and the success of the SBA program. Therefore, SBA hosts two parents' weekends which provide parents and guardians with insight into the daily life of their children and an opportunity to meet with teachers and coaches. Parents' weekends typically include a social event for parents, teachers, and coaches, and parent-teacher or parent-coach conferences. Fall parents' weekend is scheduled for October 14-15, 2011 and winter parents' weekend for February 17-18, 2012.

Campus Leave Policies and Study Hall

Sugar Bowl Academy maintains a closed campus throughout the academic day; students are required to remain on campus from the time that they arrive until the end of classes. Students in 8th through 11th grades must be on campus by 8:00am and 12th graders must arrive in time for their first scheduled class. During the academic day, unscheduled periods are to be used for study. Students who must leave school early for an appointment or other reason must check out with the Assistant to the Head before leaving.

Teachers evaluate their students on a regular basis to assess levels of preparation, effort, and in-class contribution. Those students who are recognized by their teachers during a one-week period as having displayed adequate preparation and effort, and have not fallen short in any classes may study on their own, rather than in the formal, proctored study hall. Inappropriate behavior during study periods will result in a student's immediate return to proctored study hall, regardless of the student's academic standing.

Assigned Tasks

All members of the Sugar Bowl Academy community share the day-to-day responsibility for the general up-keep and appearance of the school. Students should expect to be assigned cleaning or other ongoing tasks throughout the school year.

Meals

Sugar Bowl Academy serves three meals a day for its students and staff. Boarding students are required to attend all meals. Day students are automatically enrolled in the lunch program. Full year students will be charged \$500 and winter term students will be charged \$300. Day students may opt out of the lunch program by making a written request to the Head of School. Day students may also eat dinner at the school if they have notified the Faculty-on-Duty and/or Chef by 4:00pm.

Illness

If a day student is absent or tardy, the school expects to be notified by a parent or legal guardian prior to the start of the school day. Parents should contact the Administrative Assistant at 426-1844, ext. 2. Boarding students who are sick should notify the Faculty or Dorm Staff on Duty.

Snow Days

In our high alpine environment, school may be delayed or canceled due to poor driving conditions. Unless there is notification to the contrary, families should assume that school is in session. On mornings when there is no scheduled ski training, the school's snow phone, 426-6757 ext. 9, will be updated by 7:00 a.m. if there is to be a delay or cancellation of school. On mornings with ski training, SBA's snow phone will be updated by 10:00 a.m. should there be a delay or cancellation of school. If school is to be dismissed early, every effort will be made to contact families. Snow days will not be made up at the end of the year.

Computers, E-mail, and Acceptable Use Policy

Students are strongly encouraged to have a laptop computer that will function on the school's wireless network and run Microsoft Office Suite. SBA's network provides access to the Internet and school support staff will help configure students' computers. Students are required to sign the school's acceptable use policy (pages 43 & 44) prior to accessing the school's network. Laptops and school computers may only be used for academic purposes during the school day. Students are provided with a school e-mail address and are expected to check their e-mail on a daily basis for communications from their teachers, coaches, or school administration.

Responsibility and Safety Issues

Flammables are not allowed in the dorm. This includes candles, incense, fireworks, lighters, and matches.

For reasons of safety and hygiene, students are not permitted in the kitchen other than when assisting with meal preparation and cleanup under the direct supervision of the kitchen staff.

For reasons of personal safety and to prevent damage, students are not allowed on the roof or fire escape.

Each student assumes full responsibility for all personal belongings. Sugar Bowl Academy is not responsible for damage to, or loss of, any such articles, and our insurance policy does not cover damage to any personal articles. Students may wish to consider a personal insurance policy for these items. A small lockable container is advisable for valuables. Students should not be in possession of large amounts of cash.

Sugar Bowl Academy reserves the right to search and inspect all campus facilities for illegal or contraband materials, dangerous items, or stolen articles. Such checks will only take place when due cause exists.

Transportation

Daily transportation from Truckee to Sugar Bowl Academy and back is available to day students for \$100 per month. Students are picked up at McDonald's in Truckee half-an-hour prior to the start of the school day and dropped off there half-an-hour after the conclusion of the school day.

Risk is always present when driving and should be minimized by using common sense and courtesy and by obeying all the rules and laws of the road. The following rules apply to car travel by Sugar Bowl Academy students:

The school's staff may forbid a student from driving or riding with others if they believe that circumstances warrant such action.

If a student wishes to ride in a car driven by someone other than a staff member or an adult relative, he/she must have permission from his/her parents and a school staff member. A vehicle permission form will be provided in the enrollment materials at the start of school. Violations will result in disciplinary action.

Student Driving

Students with valid drivers' licences may bring personal vehicles to campus once they have obtained permission from the Head of School. Permission is typically obtained once students submit the following:

- A completed Driving Permission Form
- Proof of Insurance, Driver's License, and Registration
- A spare key to ensure on-site vehicles can be moved during snow storms.

Students are required to park in spaces designated by the school and the school reserves the right to deny driving privileges at any time for any reason. Students are not permitted to drive to and from training, races, or other school-sanctioned events without the consent of Sugar Bowl Academy's administrative staff.

Students may not leave campus during the academic day without permission from their parents and the school administration. Failure to uphold the school driving rules will result in the loss of driving privileges and/or disciplinary action.

Students may not drive a school vehicle under any circumstance.

Students must ensure that their cars can be moved in the event of their absence to allow for plowing. The Academy is not responsible for any damage done to a vehicle as the result of snow removal.

The following will result in the loss of driving privileges and possible disciplinary action:

1. Reckless or careless driving, or any moving violation
2. Leaving campus in a vehicle without permission
3. Providing transportation to other students without permission
4. Parking in an unauthorized location

Full fire and safety protocols are available in the SBA office.

RESIDENTIAL PROGRAM

The goal of the Sugar Bowl Academy residential life program is to create a living atmosphere that is a “home away from home.” Around-the-clock supervision is provided that is firm, yet caring and is built on an understanding of the challenges faced by adolescents who set high goals and expectations of themselves. Our priority is to provide a safe and caring atmosphere for residential students.

Structure

Residential life policies are designed to give residents the time and discipline to achieve their academic and athletic potential. This framework also allows residents to develop independence and personal responsibility. The residential program emphasizes respect for one’s self and others, cooperation, healthy relationships, trust, and independence. Though some parents may have different rules at home, we ask that all families respect and support our policies while students are under our care.

Meals

All residents are required to attend breakfast, lunch, and dinner in the dining hall on a daily basis. Upon approval from dorm staff, residents may have dinner off campus during the week with family members or peers. Residents are welcome to bring snacks to campus and will be provided with an appropriate storage area. Food may only be stored and consumed in the kitchen, serving room, and dining hall.

The residential staff encourages healthy eating habits for our student-athletes by restricting the availability and consumption of soda, energy drinks, and sugared cereal. During the school day, residents may access their food bins for healthy snacks such as nuts, crackers, and dried fruit. Snacks like cookies and candies are not permitted during school hours. Healthy snacks, sandwich ingredients, fruit, and milk are available to residents outside of meal times.

Study Hall Expectations

During study hall hours, residents are required to devote their time to academic preparation. Academic effort scores determine students’ study hall supervision ranging from no official study hall periods to proctored study halls.

Students will receive weekly academic effort scores for each of the classes in which they are enrolled. Scores assigned may be a 1, 2, or 3. A “1” indicates that a student has two or more missing homework assignments or has been performing below expectations. A “2” indicates that a student has turned in all homework assignments and is performing adequately. A “3” indicates that a student is committed to achieving his/her personal best in a particular class as demonstrated by meeting with teachers outside of class or earning high grades.

WHAT TO BRING TO THE SBA DORM

Room Furnishings:

*alarm clock
two sets of twin sheets
twin size mattress pad
pillow(s)
comforter
two sets of towels
hangers
desk lamps
laundry bag
three prong surge protector*

Personal Items:

*toiletries
sunscreen
laundry soap
school clothing
workout clothing
dress clothes
snow boots
rain gear
swim suit*

Optional Items:

*stereo, music, headphones
posters, pictures, decorations
camera
storage bins
computer
cell phone
small fan
musical instruments
misc. sports equipment
USB thumb drive*

WHAT NOT TO BRING

*televisions
refridgerators
pets
candles
matches
lighters*

STUDENT MAIL

All SBA students can receive mail at the following addresses:

Regular U.S. Postal Service mail

*Sugar Bowl Academy
P.O. Box 68
Norden, CA 95724*

Fed-Ex, UPS, and other delivery services

*Sugar Bowl Academy
19195 Donner Pass Road
Norden, CA 95724*

Structured study hall is held in the dining hall and is proctored by a dorm parent. Residents using computers must have the screen visible to the dorm parent on duty to ensure that the resident is being as productive as possible. Residents may not listen to music or use cell phones. Residents in structured study hall work independently, unless they receive permission from the on duty dorm parent to study with another student. If a resident is in structured study hall, they may tune their ski equipment during study hall once homework is completed if the following steps are taken:

1. Residents must inform residential staff they are completed with their homework and would like to tune skis.
2. An e-mail must be sent to the on duty residential staff member and the teachers that the resident has the next day.
3. If a resident is abusing this privilege and not completing his/her homework, tuning skis during study hall will no longer be an option.

Residents places outside of structured study hall may tune skis with permission from the dorm parent on duty.

Group study sessions will occur in the hall common areas. Silence is mandatory so other residents are undisturbed. Violation of this may result in structured study hall for the following night. Residents may not sleep during study hall. If a resident has in-room privileges, they may tune ski equipment during study hall once homework is completed.

STUDENT BANKING

We encourage all students to have local bank accounts with ATM/ Debit cards. Local banks include:

*Wells Fargo
11262 Donner Pass Road
Truckee, CA
(800) 869-3557*

*Bank of America
11265 Donner Pass Road
Truckee, CA
(530) 546-8475*

Quiet Periods

The dorm is to remain quiet for studying during the 7:00 - 9:00 pm evening study period, and from lights out at 10:30pm to 6:30am.

Dorm parents will make periodic, random late night tours of the building.

Resident Rooms

Dorm rooms are designed as doubles or triples, furnished with sets of twin beds and mattresses, desks and chairs, closets or wardrobes, and dressers. Residents are encouraged to bring personal decorations as long as they reflect good taste. Decorative references (posters or objects) to alcohol, tobacco, drugs, or sexual themes are not permitted.

Residents are expected to maintain clean rooms. When residents start the academic or athletic day, beds should be made, clothes put away, and desks tidied. Residential staff will perform routine spot checks, which will look for cleanliness, contraband, illegal drugs, or room and furniture damages. All lights, computers, and heaters should be turned off when residents are not present. Residents who frequently fail room checks will be given disciplinary consequences.

Residents will complete a room condition report at the beginning of the year. Damage to the room will be charged to resident accounts. If responsibility is not claimed between roommates the cost will be split in half. Residents leaving rooms messy at the end of the year will be charged a minimum \$100 cleaning fee.

If suspicion arises that a resident has violated a school rule or that a resident is in possession of prohibited items or stolen goods, the resident's room may be searched at any time by the Head of School, Dean of Residential Life or the Dean of Students, without notice.

Resident Room and Hall Visitation

Resident rooms are designed to be personal space that is respected by one's self, roommates, and other residents. Resident rooms are to only be entered with permission from both roommates. Inter-gender room visitation is not allowed. Residents may enter the hallway of the opposite gender. Residents who are found off floor or in another resident's room after lights out are subject to disciplinary consequences. This is a major rule violation.

Roommate Selections/Assignments

All residents are assigned rooms based on grade level and compatibility. Residents create and sign roommate agreements during the first week of school. Residents are expected to remain with their assigned roommates through the year. If conflicts arise, the Dean of Residential Life and/or the Dean of Students will review roommate contracts, mediate conversations, and support the roommates in developing positive living arrangements. At the end of each year, returning residents may make requests for roommates for the following year. All efforts will be made to honor these requests. The Dean of Residential Life makes the final arrangements and assigns residents to particular rooms.

Campus Leave (weekdays)

During the academic day, residents must obtain permission from the Head of School to leave campus. After the completion of the school day, residents must obtain permission from the dorm parent or faculty-on-duty by informing staff of where they are going, transportation arrangements, present company, and return times. Residents must sign-out and obtain a staff signature. Leaving campus is a privilege, and any abuse of this or failure to obtain permission and sign out can result in its loss. If residents desire to be away from campus past 7pm they must obtain permission from the Dean of Residential Life.

LOCAL AREA LODGING

Sugar Bowl Resort
(530) 426-6742

Truckee Hotel
(530) 587-4444

Truckee Donner Lodge
(530) 582-9999

River Street Inn
(530) 550-9290

Hampton Inn and Suites
(530) 587-1197

Donner Lake Inn
(530) 587-5574

Squaw Valley Lodge
(530) 583-5500

Rainbow Lodge
(530) 426-3871

Cedar House Sports Hotel
(866) 582-5655

The Ritz Carlton Hotel
(530) 562-3000

Campus Leave (overnight & weekends)

SBA understands that residents need to visit family and friends on the weekends. Four steps must be completed to approve weekend leave.

1. Residents must fill out the weekend leave sheet detailing their weekend plans by 6:00 pm on Wednesdays.
2. Parent or guardian must contact the Dean of Residential Life by phone or e-mail regarding residents' plans by 6:00 pm on Wednesdays.
3. Residents must check out with a staff member and sign out before leaving campus for the weekend.
4. Residents must complete their daily chores and clean their rooms before leaving campus.

If a resident wishes to visit a place other than his/her home for the weekend, he/she must follow the protocol listed above and the Dean of Residential Life must also speak with the host parent. All residents, except seniors, are asked to return by 7:00pm on Sunday night to allow for time to complete homework for the upcoming week. Seniors are asked to return by 9:00pm on Sunday night. We recognize that special occasions or extreme weather may require residents to stay with their families past previously set times but we ask that families respect prearranged deadlines. If a resident will be late, the parent/guardian should contact the dorm parent on duty or Dean of Residential Life as soon as possible.

Dorm Visitors

Visitors are generally welcome at Sugar Bowl Academy provided they do not interfere with the residential, academic, or athletic life of our community. All visitations must be approved by the Dean of Residential Life. Upon arrival to the dorms, visitors are required to check in with the staff member on duty. School visitors must leave the dorm by 7:00 pm on weekdays and 10:00 pm on weekends unless they are visiting specifically to study, participate in a scheduled evening activity or stay overnight.

Residential Meetings

House and floor meetings are held weekly in the dorm in order to maintain good communication among residents and dorm parents. Meetings are compulsory.

Residential Curriculum

The Residential Curriculum seeks to incorporate educational themes into the daily lives of Residents. These themes include topics such as Health & Wellness, Environmental Education, Diversity, Community Service, Current Global Topics, Life Skills, and Life Transitions. Through a combination of residential staff presentations, group activities, dorm discussions and passive programming, we hope to teach residents how to better their own lives and the lives of others.

Cell Phones/ Internet Devices

Residents are welcome to use cell phones outside of school hours except during study structured hall and after 10:30pm. All residents will turn in cell phones and internet devices every evening by 10:30pm. Cell phones used at unauthorized times will be confiscated. If a resident does not have a cell phone, a resident line is available to make and receive calls.

House Chores

To claim responsibility for our spaces, residents are responsible for keeping public spaces clean. House chores will be rotated on a biweekly basis and assigned by the Dean of Residential Life. Chores are to be completed before the beginning of study hall at 7:00. Travelling residents should find a chore substitute prior to departure.

Medications

With parent or guardian permission, over the counter medications including, Tylenol, Advil, cough medicine, or antacids, can be dispensed to students. Over the counter medications must be dispensed by SBA staff members and not other students.

Prescription medications are dispensed by the Dean of Residential Life or dorm parents on a daily basis. Prior to dispensing such medications, the Dean of Residential Life must speak with parents/guardians in person or over the phone and a copy of the prescription consent and release form must be turned in. Prescription medications must be securely stored by SBA staff and no prescription medications are to be stored in a resident's room. Emergency medications such as asthma inhalers and Epi-pens may be kept with the residents at all times.

Repeated or deceptive possession of unauthorized medications may be treated as a disciplinary matter.

Dorm Infractions/ Violations of Rules

When rules are broken, residents will face disciplinary consequences to help correct behavior, learn from mistakes, and reinforce the residential programs standards. Learning is the goal for all discipline.

When offences become more frequent or consequences become ineffective, the residential staff may increase or change common consequences or alert the Dean of Residential Life. Residential staff members may record strikes for minor violations. The accumulation of three strikes will result in work duty.

Ski-Related Travel and Dormitory Closures

Although ski related travel is often unpredictable, school breaks are indicated on the school calendar (see pages 45 & 46) and should be respected when making travel plans. In order to accommodate the departure plans of SBA student-athletes, all vacation travel plans must be submitted to the Dean of Residential Life at least one week prior to travel. No students will be allowed to stay on campus during regularly scheduled school breaks.

All reasonable efforts will be made to help transport residents to and from the Reno airport for ski-related and vacation travel. If this is not possible, residents will be responsible for the cost of an airport shuttle.

Please adhere to the following dorm closure schedule when making travel arrangements.

FINANCIAL INFORMATION

Enrollment in a private school and the pursuit of competitive skiing requires a significant financial commitment from families. Although many of the expenses incurred by Sugar Bowl Academy student-athletes are covered by tuition, many others are not. All Sugar Bowl Academy billing goes through the Sugar Bowl Ski Team Foundation business office located in the Village Hall.

Sugar Bowl Ski Team Fees:

Sugar Bowl Ski Team fees are included in Sugar Bowl Academy tuition.

Travel Expenses:

Travel expenses are not covered by SBA tuition payments. They will be billed on a per trip basis and may include the costs of transportation, lodging, meals, coach expenses, passes, and training fees. 100% deposits are required before student-athletes depart for a trip. Additional charges will be listed on monthly statements and must be paid in full one month after statements are received. Student-athletes are not allowed to travel on SBSTF trips without the consent of the business office. Only athletes in good standing will be given permission to participate in SBSTF funded trips. Additionally, a valid credit card must remain on file with the business office throughout the academic year.

Miscellaneous Expenses:

There are many additional expenses incurred by SBA students that are the responsibility of students' families. These may include weekend activities, off campus meals, SAT Preparation, birthday parties, etc. Such costs will be paid for by the Academy and then billed out to students. Additionally, Freeride and Alpine families are required to pay a volunteer work deposit of \$300 that will be rolled over to the next calendar year or refunded if you do not plan to return to the Ski Team once 22 hours of volunteer work are completed. Nordic families are required to pay a volunteer work deposit of \$150 that will be refunded or rolled over to the next calendar year once 11 hours of volunteer work are completed.

Scholarships and Financial Aid:

The primary responsibility for financing Sugar Bowl Ski Team Foundation (SBSTF) programs rests with the family. However, it is part of our mission to create a diverse association of people sharing a common interest in the positive development of children that is accessible to those of all socioeconomic backgrounds. SBSTF is committed to providing financial assistance as available. SBSTF may also provide merit based scholarship opportunities. Families who feel they need financial assistance are encouraged to apply for SBSTF financial aid as well for other scholarships available from outside organizations.

SBSTF shall not discriminate in selection of scholarship and financial aid recipients on the basis of race, color, national and ethnic origin, gender, religion, or sexual orientation. Applying for (or receiving) financial aid or merit scholarship will not affect one's chances for admission to SBSTF programs. Requests for financial aid and all financial information submitted are kept in strict confidence. Only members of the Award Committee will be aware that you have applied for aid. Scholarship and financial aid awards will be determined by Foundation Staff. The Executive Director and at least one other staff member will sit on the Award (Financial Aid or Scholarship) Committees.

Other than in the case of specific merit scholarship programs, SBSTF shall not provide financial aid or scholarships to individuals without consideration of objective evidence of need. Because awards are

evaluated annually, a renewal application must be filed each year. Joining SBSTF programs often requires financial sacrifice, and those families receiving financial assistance will be expected to contribute amounts appropriate to their financial means. Financial aid recipients are held to the same standards as all other SBSTF members. SBSTF expects the same level of commitment and participation from all of its members, regardless of their financial situation. Setting a great example for others in regard to sportsmanship, eagerness to help, attendance, and general commitment to the SBSTF community may be taken into consideration in determining awards.

Complete Sugar Bowl Ski Team Foundation financial aid and scholarship policies can be found at www.sbstf.org.

2011-2012 Sugar Bowl Ski Team Foundation Billing and Collection Policies

The Sugar Bowl Ski Team Foundation will strictly adhere to the following fee and tuition collection procedures:

- 1) Sugar Bowl Academy requires a \$500 non-refundable enrollment deposit. The deposit is due along with the tuition contract.
- 2) All SBSTF families and customers will receive monthly e-statements (PDF file) monthly. Statements are sent out on the first of the month and reflect all charges from the previous 30 days. Balances are due by the end of the billing month. Customers must have an updated e-mail address on file with us. If unable to open attachment, statements are available via fax or hard copy per customer's request.
- 3) Sugar Bowl Academy tuition payments are due according to the student contract dates.
- 4) Interest is currently not charged on balances.
- 5) If tuition, team fee payments or reimbursable billings are not received within 30 days, the Foundation reserves the right to limit programming or services, withhold season pass or take other measures (including refusal of service) and will not hesitate to do so.
- 6) All participants in trips will be required to make a deposit of 100% the estimated total cost. To ensure timely invoices, staff will be required to submit final trip statements not later than one week after last day of trip.

ALL ACCOUNTS ARE REVIEWED BY THE EXECUTIVE DIRECTOR AND DIRECTOR OF ADMINISTRATION ON A MONTHLY OR WEEKLY BASIS AS NECESSARY.



STUDENT HEALTH & WELLNESS

Students must obtain a medical clearance from their physician prior to attending school. A form for this purpose is provided in the school enrollment materials. Snow sports require great coordination, skill, and include the risk of high-speed impact accidents. Certain medical conditions can contraindicate these sports, and these must be ruled out by a physician prior to school entrance.

Students must have up-to-date immunizations and must provide evidence of such immunization prior to school entrance. This information is included on the medical form mentioned above. Students will not be allowed to participate in any facet of Academy or Ski Team life unless this form has been completed.

LOCAL HEALTH CARE PROVIDERS

Sierra Multi-Specialty Medical Group
(530) 582-1212

Tahoe Forest Hospital
(530) 587-6011

Truckee Tahoe Medical Group
(530) 581-8864

Gateway Urgent Care
(530) 582-2070

Tahoe Forest Physical Therapy (Ladd Williams)
(530) 587-3769

Dr. Terrance Orr
(530) 541-3100

North Tahoe Orthopedics
(530) 587-7461

Sugar Bowl Ski Area staff will be the first responders in the case of a serious on-snow injury. They will determine whether emergency transport and care are needed. For care to be administered, students must have a medical release on file signed by their parents and a copy of their most recent medical insurance card. All students are required to have medical insurance coverage. An attempt will be made to reach parents prior to obtaining emergency medical care; however, in the event that parents are not reachable, treatment will proceed.

Should a student require non-emergency medical treatment, parents will be contacted for approval if possible. School staff will make arrangements for doctor's appointments and will transport students to and from such appointments if parents are unavailable. The student's family is responsible for all fees generated through obtaining medical care. Please check your insurance policy regarding procuring care outside of your area.

The school will keep certain first aid supplies and over-the-counter medications on hand. Parents will need to fill out a permission form for students to receive this medication. When medication is needed, students should request it from school staff.

Students are not permitted to self-administer medication without school permission. Prescription medications must be turned over to the Dean of Residential Life to be administered. The dormitory staff must be informed of all medications in the possession of boarding students.

Immunization Requirements and Recommendations

In accordance with the State of California's immunization requirements, Sugar Bowl Academy requires the following vaccinations for enrollment:

Polio
Diphtheria, Tetanus, Pertusis
Measles, Mumps, Rubella
Hepatitis B
Varicella

INTERNET ACCEPTABLE USE AGREEMENT

Purpose:

Sugar Bowl Academy provides students and staff with access to the Internet as educational resources. The purpose and uses for these particular resources are not different from any other type of resource, and as such, the school retains control over the manner in which these resources are used. The purpose of this agreement is to assure that users recognize the limitations that the school imposes on their use of technological resources and to establish an Acceptable Use Policy for the users. In addition, this agreement requires that anyone using these resources pledges to abide by local, state, national, and international regulations regarding these resources.

Agreement:

In signing this agreement, I recognize that use of the computers and access to the Internet at Sugar Bowl Academy is a privilege that can be immediately and permanently revoked. I understand that the constraints listed below constitute guidelines, and it would not be in the spirit of the agreement or the school to test the limits of these guidelines. I will, therefore, pledge to stay well within their boundaries.

I agree to use the resources available through the Internet to supplement curriculum materials available to me through my classroom, the library, or through any other resource provided by the school.

I agree to not make use of materials or attempt to locate material that would not be acceptable or appropriate in a school setting.

I agree to use only my own passwords to access these resources. I will make every effort to keep my passwords secure, and I will not knowingly allow anyone else to use my passwords.

I agree not to attempt to discover passwords or other measures the school uses to control and monitor access to these resources. Should I inadvertently or otherwise do so, I agree to report this to a member of the faculty.

I agree not to change or attempt to change the configuration of the software that controls access to the Internet.

I agree not to alter any settings in SBA computers in a way that could cause offense or inconvenience in any way.

I agree to respect all work done by others, and I will not alter or abuse others' work in any way.

I agree to make available for inspection by any administrator or teacher any messages sent or received by me using Sugar Bowl Academy's Internet connection.

I agree to the rules of copyright; I will copy or transfer copyrighted material only after such copying or transferring is properly authorized, and I will properly cite any work that is not my own.

I agree not to use this resource for any illegal activity. This includes but is not limited to:

- tampering with computer hardware or software,
- unauthorized entry into computers, or
- vandalism to or destruction of computer files.

I agree not to use this resource for any commercial activity.

I agree not to introduce or knowingly allow the introduction of any computer virus to any SBA computer; if I do so, I will immediately notify a member of the faculty.

I agree not to access, transmit, or download large files including movies or any type of “pyramid schemes”.

I agree not to install download or install software on SBA computers except under the direct supervision of a member of the faculty.

I agree not to assume a fictitious identity in any activities associated with these resources.

I agree not to send personal information (such as pictures, addresses, or phone numbers) about myself or anyone else out onto the Internet, unless specifically approved by a member of the faculty.

I understand that information and/or advice obtained via the Internet may not be correct or accurate.

I agree not to participate in any e-mail chain letters.

I agree to use appropriate language in all communications. I will not use profanity, obscenities, or any vulgar, offensive, or inflammatory speech, nor will I use these resources for the purpose of harassment or humiliation.

I agree not to make personal attacks on anyone using these resources, and I will report any personal attacks made by others to a member of the faculty.

I understand that, should I fail to honor all the terms of this document, the school administration will be informed, and that they may take actions that they deem appropriate.

I understand and will abide by the above Internet Acceptable Use Agreement. I further understand that any violation of the regulations above is unethical and could be a criminal offense. Should I commit any violation, my access privileges could be revoked, and school disciplinary, as well as legal, action may be taken.

Student Name (Please Print): _____ Student Signature: _____

Parent Name (Please Print): _____ Parent Signature: _____

2011-2012 ACADEMIC CALENDAR

DATES SUBJECT TO CHANGE

August

SBA Volunteer Day	Saturday	Aug. 20
Faculty In-Service	Thurs. & Fri.	Aug. 25 & 26
Opening Day (mandatory for all students)	Tuesday	Aug. 30
Overnight Orientation Trip (mandatory for all students)	Wed. - Fri.	Aug. 31 - Sept. 2

September

Fall Trimester Classes Begin	Monday	Sept. 5
Formal Dinner	Wednesday	Sept. 14
Academic Drop Date	Friday	Sept. 16
Dormitory Trip	Sat. & Sun.	Sept. 24 & 26

October

SAT	Saturday	Oct. 1
Parents' Weekend (Mid-Term Grades)	Fri. & Sat.	Oct. 14 & 15
PSAT	Saturday	Oct. 15
SBST Orientation & Pancake Breakfast	Sunday	Oct. 16
Formal Dinner	Monday	Oct. 31

November

SAT	Saturday	Nov. 5
Alpine Training Camp (Colorado)	Fri. - Sun.	Nov. 4 - 13
Nordic Early Season Camp (Location TBD)	Mon. - Fri.	Nov. 7 - 11
Independent Study Programs (No School)	Mon. - Fri.	Nov. 7 - 11
West Yellowstone Nordic Camp	Sat. - Sun.	Nov. 19 - 27
Fall Trimester Ends	Wednesday	Nov. 23
Dorm Closes for Thanksgiving Break	Wednesday	Nov. 23 (4:00pm)
Thanksgiving Break	Thurs. - Sun.	Nov. 24 - Nov. 22
Dorm Re-Opens	Sunday	Nov. 27 (2:00pm)
Winter Trimester & Schedule Begin	Monday	Nov. 28
Winter Term Students Begin	Monday	Nov. 28

December

Fall Term Grade Reports Mailed	Friday	Dec. 2
SAT	Saturday	Dec. 3
Academic Drop Date	Friday	Dec. 9
Holiday Formal Dinner	Monday	Dec. 19
Dorm Closes for Holiday Break	Wednesday	Dec. 21 (2:00pm)
Holiday Break	Thurs. - Sun.	Dec. 22 - Jan. 1

January

Dorm Re-Opens	Sunday	Jan. 1 (2:00pm)
Classes Resume	Monday	Jan. 2
Winter Term Students Begin	Monday	Jan. 2
6th & 7th Grade Program Begins	Monday	Jan. 2
Formal Dinner	Tuesday	January 10

February

Parents' Weekend (Mid-Term Grades)	Fri. & Sat.	Feb. 17 & 18
Presidents' Day (No School)	Monday	Feb. 20

March

Dorm Closes for Spring Break	Friday	March 2 (6:00pm)
Spring Break	Sat. - Sun.	March 3 - 18
Dorm Re-Opens	Sunday	March 18 (2:00pm)
Formal Dinner	Tuesday	March 20
Winter Trimester Ends	Friday	March 23
Spring Trimester Begins	Monday	March 26
Winter Term Students' Transition Week	Mon. - Fri.	March 26 - 30
Winter Term Students Depart	Friday	March 30
Winter Trimester Grade Reports Mailed	Friday	March 30

April

6th & 7th Grade Program Ends	Wednesday	April 4
Winter Term Students' Exit Reports Mailed	Friday	April 6
Academic Drop Date	Friday	April 6
Spring Schedule Begins	Monday	April 16
Cultural Field Trip	Sat. & Sun	April 28 & 29

May

ERB Testing	Tues. & Wed.	May 1 & 2
SAT	Saturday	May 7
Spring On-Snow Camps	Thurs. - Fri.	May 3- 11
Athletic Conferences & Banquets	Fri. & Sat.	May 4 & 5
AP Calculus Exam	Wednesday	May 9
Mid-Term Grade Reports Mailed	Friday	May 11
AP English Language & Composition Exam	Wednesday	May 16
AP Human Geography Exam	Friday	May 18
Dormitory Camping Trip	Sat. & Sun.	May 19 & 20
Lake Tahoe Century Bike Ride	Tuesday	May 22
Formal Dinner	Thursday	May 24
Dorm Closes for Memorial Day	Friday	May 25 (6:00pm)
Memorial Day Weekend	Sat. - Mon.	May 26 - 28
Dorm Re-Opens	Monday	May 28 (2:00pm)
Senior Project Presentations	Tues. - Fri.	May 29 - June 1

June

SAT	Saturday	June 2
All School BBQ	Friday	June 8
Spring Term Exams	Wed. - Fri.	June 13 - 15
Year End Celebration	Friday	June 15 (5:00pm)
Graduation (mandatory event for all students)	Saturday	June 16 (10:00am)
Dorm Closes for Year	Saturday	June 16 (2:00pm)
Faculty In-Service	Mon. & Tues.	June 18 & 19
Final Grade Reports Distributed	Friday	June 22
Alpine On-Snow Camp (Location TBD)	Sun. - Sun.	June 17 - 24